

## **Title: How to deal with Bullying**

**Aims:** To eradicate bullying

**Objectives:** Understand the different types of bullying  
Explore a wide range of interventions  
Develop effective skills to respond to bullying  
Role of policy and procedure  
Sharing good practice at work

### **Target Audience:**

This course will greatly aid anyone who may have to deal with, or support children who have been bullied, or are bully's.

### **Course content**

- Understanding bullying
- Nature of power
- Victim profiling
- Bullying checklist
- How to speak to a bully
- Policies that work
- Developing an open culture
- Sharing good practice
- How to counsel the victim

### **Commentary**

The course examines bullying. It enables participants to understand both parties, and learn how to respond to situations. The use of case studies enables participants to discuss issues that are relevant to their background and vocational experience. By highlighting the role of culture and policy, it also empowers participants with tools to challenge both the individual and the culture in which bullies operate.