

Title:Bi-Polar Affective Disorder/Manic Depression

Aims: To learn about Bi-polar Affective Disorder / Manic Depression, how it affects sufferers, and how to support them.

Objectives: Understand the signs and symptoms of Bi -polar Affective Disorder / Manic Depression .
Develop effective verbal skills to appropriately respond to situations.
Be aware of the four common types of depression.
Sharing good practice at work.

Target Audience:

This course will greatly aid anyone who may have to deal with, or support sufferers from Bi -polar Affective Disorder / Manic Depression. In addition it will develop participant awareness of mental health issues related to the condition.

Course content:

- Understanding Bi -polar Affective Disorder / manic depression - signs and symptoms
- Assessment of Bi -polar Affective Disorder
- Treatments available
- Medication
- Legislation
- Case study 1
- Responding to Bi -polar Affective Disorder
- Understanding the manic phase
- Support available
- Summary
- Evaluations and endings

Commentary

The course examines the condition of Bi -polar Affective Disorder, and looks at sufferers in both the manic and depressed phase. It enables participants to understand particular symptoms such as 'flight of ideas' and 'pressurized speech'. As well as exploring the unique thought disorders that can occur with this condition. The use of case studies enables participants to discuss issues that are relevant to their background and vocational experience.